



TUSCALOOSA TUMBLING TIDES
FLIPTANIC INVITATIONAL
LEVEL 1-10, XCEL
October 14-16, 2016

HOST SITE: TUSCALOOSA TUMBLING TIDES
3150-9TH COURT, TUSCALOOSA, AL. 35401
(205)345-0999 FAX: (205)345-2799 EMAIL: TUMBLETIDE@AOL.COM

MEET DIRECTOR: Lu Ann Nix

EQUIPMENT: GMR Vault, AAI Vaulting Table, AAI Super Wide Uneven Bars and GMR Super Wide Uneven Bars, AAI Reflex Beam and GMR Reflex Beam, GMR 4" Spring Floor, GMR, Stratum, and Spiroflex Boards (If you would like to bring a board, please call ahead), Aero-board, GMR 1 3/8" Runway.

TRAINER: On Duty

DEADLINE: Friday, September 2, 2016

There is a late fee of \$25.00 per gymnast if not received on time. All entries must be accompanied by an entry fee or they will be considered late. All entries must be on the USAG official form. **No entries will be accepted after Thursday, September 8, 2016.**
No refunds after September 8, 2016.

ENTRY FEE: **Level 3-10 and XCEL \$90.00 per gymnast.**

Team fee \$40.00 for each level entered. **Two (2) judges per event for Level 3-10 and Xcel.**

Level 1-2, \$70.00 per gymnast. Team fee \$40.00 for each level entered. **One (1) judge per event for Level 1-2.** (Depending on the number of entries, Level 1-2 will either be the first session or last session of the weekend.)

Make check payable to: Tuscaloosa Tumbling Tides
Mail to: 3150-9th Court
Tuscaloosa, AL 35401

AGE DETERMINATION: Age determined by date of State Meet for each level.

AWARDS: Everyone receives an All-Around Award. Individual event and team awards exceed USAG guidelines. Gifts for all competitors. **CRACKER JACK EVENT AWARDS!**

AREA HOTELS:	Fairfield Inn 4101 Courtney Drive Tuscaloosa, AL 35405 (205)366-0900	Courtyard by Marriott 4115 Courtney Drive Tuscaloosa, AL 35405 (205)750-8384	Holiday Inn Express 1120 Veterans Memorial Pkwy Tuscaloosa, AL 35404 (205)464-4000
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SPECIAL REQUEST: Please put each level on a separate entry form.
Please include all USAG numbers and include entry fees with the entry.

ADMISSION: **FREE**

SCORING: **PROSCORE**

PLEASE INCLUDE LEOTARD SIZE FOR EACH GYMNAST ON ENTRY FORM

WE MUST HAVE LEOTARD SIZES NO LATER THAN SEPTEMBER 1, 2016