



To: Alabama Gymnastics Clubs

From: Alabama State Administrative Committee

These are exciting times for USA Gymnastics! Our sport continues to grow and Rio Olympics are coming soon!

- P & G Championships      June 22-25
- Olympic Trials              July 7-10
- Olympic Games              August 6-20

This is a great opportunity to take advantage of the Olympic “boost” and expand our sport. One of the main responsibilities of your Alabama State Administrative Committee (AL-SAC) is to “provide for the expansion and improvement of gymnastics programs through the training and certification of coaches and judges.”

To help meet this responsibility, the AL-SAC will be hosting the Compulsory State “Championships for 2015 and 2016. To provide a quality meet for our athletes, we will need the support of all participating clubs. **We will have a special need for VOLUNTEERS to serve as timers and meet workers.** You will soon receive a list of opportunities to serve and support your state.

Those clubs that participate will qualify for an “Educational Grant” of \$500 per club. This grant can be used to offset costs of Pro and Club Memberships or Educational opportunities provided by USA Gymnastics.

- Volunteers, do NOT have to be members of USA Gymnastics, they can be teachers, instructors, or “friends” of your program. Coaches may also volunteer to work other sessions during the weekend.
- Sign-up information will be emailed to your gym so that you can register volunteers online.

Help support gymnastics for your club and for our state by supporting this event.

# Upcoming Events provided by your AL-SAC

- “Marketing for Rio” Business Seminar

When: Sunday, Dec 13, 2015

Clinic will start at 9:00 A.M. or 12:00 P.M. depending on schedule for Optional Judges Cup.

Where: Mountain Brook Gymnastics, Birmingham, AL

What: Marketing plans to take advantage of Rio Olympics strategies for enrollment, staffing, profitability

Who: Gym Owners, Gym Directors, Key Staff, Office Staff, Interested Coaches

Cost: FREE

Registration: Advanced registration is required and can be made by contacting Otis Reeves at [oreeves@prattvilleyymca.org](mailto:oreeves@prattvilleyymca.org)

- Pre-School Fundamentals:

R102- Hands on Training. Tentatively a spring clinic. More info TBA.

- Developmental Coaches’ Course

W200- Hands on Training. Tentatively in May or June. More info TBA.

- Awards Reception

June 4, 2016. More info to TBA

- Optional Training Camp

University of Alabama. Addition of certified athletic trainer and goodies for athletes.

In addition to the coaches’ clinics and special events, the AL-SAC also provides:

1. Financial support for the Optional State Championship meet
2. Apparel and entry fees for state teams to Regional and Level 9/10 Regional Qualifiers
3. Senior banners at the state meet
4. Senior gifts at the awards reception
5. Coaches’ regional apparel
6. Financial support for regional administration
7. Staff support at regional and national events

