## 2024 Region 8 Regional Championships Preliminary Information

Level 6/7/8 Competition Days – Foley Event Center, 1001 E Pride Blvd, Foley, AL 36535 Meet Website: <u>https://thebamabounders.com/2024-region-8-levels-678-regionals.html</u> Reminder to coaches they may have athletes in the same level going on at the same time in 2 different gyms.

At 2024 Level 6/7/8 Regionals there will be two gyms competing at the same time.

**Friday** all the Level 7 athletes will compete with 2 sessions of All Stars in each gym and then the Level 7 State Teams as the final session Friday in one of the gyms. There will be no competition in the other gym during State Team competition.

**Saturday** all the Level 8 athletes will compete. There will be 3 sessions of All-Star athletes in each gym and then the Level 8 State Team session will be the last session on Saturday in one of the gyms. There will be no competition in the other gym during State Team competition.

**Sunday** all the Level 6 athletes will compete. There will be 2 sessions of All-Star athletes in each gym and then the Level 6 State Team session will be the last session on Sunday in one of the gyms. There will be no competition in the other gym during State Team competition.

Xcel Competition Days – Greenville Convention Center, 1 Exposition Dr, Greenville, SC 29601 Meet Website: <u>https://greenvillegymnastics.com/2024-region-8-xcel-championships/</u> Reminder to coaches they may have athletes in the same division going at the same time in 2 different gyms.

At 2024 Xcel Regionals there will be two gyms competing at the same time.

**Friday** there will be 3 sessions of Gold athletes competing in each gym. The Gold State Team session will be the last session in one of the gyms. There will be no competition in the other gym during State Team competition.

**Saturday** there will be 1 session of Gold and 2 sessions of Platinum in each gym. The Platinum State Team session will be the last session in one of the gyms. There will be no competition in the other gym during State Team competition.

**Sunday** Gym A will have 1 session of Platinum, 1 session of Diamond, and then the Diamond State Team competition. Gym B will have 1 session of Platinum, 1 session of Diamond, and 1 session of Sapphire.

Level 9/10 Competition Days – Bradenton Convention Center, 1 Haben Blvd, Palmetto, FL 34221 Meet Information: <u>https://tampabayturners.com/wp-content/uploads/2023/10/24-9\_10-</u> <u>Regionals-Info-Page.pdf</u>

At level 9 & 10 Regionals in 2023 Level 10s will start the competition on Friday or possibly Thursday afternoon. Level 10's will continue to compete on Saturday. The Level 9 athletes will begin competition on Saturday and continue Sunday. Since the age groups are set by USA Gymnastics nationally it is impossible to determine what age group will compete when until all qualifiers and petitions are entered. While we make every attempt to not combine Level 9 and 10's in one session, there are times that we are forced to place them in the same session.