

# 2023 Alabama Compulsory State Meet

GYM A						GYM B					
		STRETCH	INTRO	WU/COMPETE	AWARDS			STRETCH	INTRO	WU/COMPETE	AWARDS
<b>FRIDAY DECEMBER 1</b>						<b>FRIDAY DECEMBER 1</b>					
SESSION A01	LEVEL 1 (AGE J-L)	12:30 PM	12:50 PM	1:00 PM	3:05 PM	SESSION B01	LEVEL 3 (AGE Q-T)	12:00 PM	12:20 PM	12:30 PM	2:25 PM
38 GYMNASTS	HUGS (ALL)					48 GYMNASTS					
SESSION A02	LEVEL 1 (AGE G-I)	3:35 PM	3:55 PM	4:05 PM	5:35 PM	SESSION B02	LEVEL 3 (AGE M-P)	2:55 PM	3:15 PM	3:25 PM	5:20 PM
48 GYMNASTS						48 GYMNASTS					
SESSION A03	LEVEL 1 (AGE D-F)	6:05 PM	6:25 PM	6:35 PM	7:50 PM	SESSION B03	LEVEL 3 (AGE I-L)	5:50 PM	6:10 PM	6:20 PM	8:15 PM
34 GYMNASTS						48 GYMNASTS					
<b>SATURDAY DECEMBER 2</b>						<b>SATURDAY DECEMBER 2</b>					
		STRETCH	INTRO	WU/COMPETE	AWARDS			STRETCH	INTRO	WU/COMPETE	AWARDS
SESSION A04	LEVEL 1 (AGE A-C)	8:30 AM	8:50 AM	9:00 AM	10:15 AM	SESSION B04	LEVEL 3 (AGE E-H)	8:00 AM	8:20 AM	8:30 AM	10:25 AM
33 GYMNASTS		LEVEL 1 TEAM AWARDS				48 GYMNASTS					
SESSION A05	LEVEL 2 (AGE Q-T)	10:45 AM	11:05 AM	11:15 AM	12:45 PM	SESSION B05	LEVEL 3 (AGE A-D)	10:55 AM	11:15 AM	11:25 AM	1:20 PM
48 GYMNASTS						44 GYMNASTS		LEVEL 3 TEAM AWARDS			
SESSION A06	LEVEL 2 (AGE M-P)	1:15 PM	1:35 PM	1:45 PM	3:15 PM	SESSION B06	LEVEL 4 (AGE J-M)	1:50 PM	2:10 PM	2:20 PM	4:45 PM
48 GYMNASTS						48 GYMNASTS					
SESSION A07	LEVEL 2 (AGE I-L)	3:45 PM	4:05 PM	4:15 PM	5:45 PM	SESSION B07	LEVEL 4 (AGE G-I)	5:15 PM	5:35 PM	5:45 PM	7:40 PM
48 GYMNASTS						36 GYMNASTS					
SESSION A08	LEVEL 2 (AGE E-H)	6:15 PM	6:35 PM	6:45 PM	8:15 PM						
48 GYMNASTS											
<b>SUNDAY DECEMBER 3</b>						<b>SUNDAY DECEMBER 3</b>					
		STRETCH	INTRO	WU/COMPETE	AWARDS			STRETCH	INTRO	WU/COMPETE	AWARDS
SESSION A09	LEVEL 2 (AGE A-D)	8:00 AM	8:20 AM	8:30 AM	10:00 AM	SESSION B08	LEVEL 4 (AGE D-F)	8:00 AM	8:20 AM	8:30 AM	10:25 AM
45 GYMNASTS		LEVEL 2 TEAM AWARDS				36 GYMNASTS					
SESSION A10	LEVEL 5 (ALL)	10:30 AM	10:50 AM	11:00 AM	1:25 PM	SESSION B09	LEVEL 4 (AGE A-C)	10:55 AM	11:15 AM	11:25 AM	1:20 PM
46 GYMNASTS		LEVEL 5 TEAM AWARDS				35 GYMNASTS		LEVEL 4 TEAM AWARDS			

**Multiplex at Cramton Bowl**  
**220 Hall St**  
**Montgomery, AL 36104**