

Alabama State Committee Meeting Minutes

Thursday, December 11, 2025

Zoom Meeting

Meeting called to order: 10:00 AM by Chair Mike Holdefer

1. Attendance

Mike Holdefer Meg Henry Erin Kightlinger
Deb Kornegay Christie Leigh McHugh Benjo Morrow
Helen Nabors Tiffanie Reed Jessica Sedgwick
Sarah Smith

2. Opening

- Welcome and confidentiality reminders.
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3. Approval of Agenda

Motion: Approve the agenda

Made by: Meg Henry

Second: Erin Kightlinger

Outcome: Approved

4. Reminders

- Optional and Xcel athlete registration fees due **January 1, 2026**; \$5 late fee per athlete.
 - Alabama competition calendar opens **January 1, 2026**, for clubs to add meets.
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5. 2026 Regional & National Meet Dates

Regionals

Level	Dates	Location
Level 9/10	April 9–12, 2026	Palmetto, FL
Level 6/7/8	April 17–19, 2026	Duluth, GA
Xcel	May 1–3, 2026	Savannah, GA

Nationals

Level	Dates	Location
Level 9	May 1–3, 2026	Savannah, GA
Level 10 DP	May 7–10, 2026	Oklahoma City, OK

6. Additional 2026 Events

- **Awards Banquet:** June 5, 2026 – Tuscaloosa River Market
 - **Region 8 Congress:** June 26–28, 2026 – Duluth, GA
 - **National Congress:** August 7–9, 2026 – Phoenix, AZ
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7. Duplicate Athlete Registration Issue

Motion: Refund duplicate compulsory athlete registrations

Made by: Deb Kornegay

Second: Tiffanie Reed

Outcome: Approved

8. Compulsory Team Calculations

Discussion held regarding weighted team calculations.

Motion: Align team points with all-around individual points; remove distinction between small and large teams for Team of the Year

Made by: Jessica Sedgwick

Second: Sarah Smith

Outcome: Approved

COMPULSORY TEAM OF THE YEAR POINT TABLE

TEAM (OVERALL PLACEMENT REGARDLESS OF LARGE/SMALL TEAM)

ALL AROUND (REGARDLESS OF AGE DIVISION)

PLACE	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
1ST	6	8	8	10	10
2ND	4	6	6	8	8
3RD	3	4	4	6	6
4TH	2	2	2	4	4
5TH	1	1	1	2	2

EFFECTIVE 1/1/2026

9. HUGS Program

- Discussion on HUGS Gym of the Year Award.
- Committee working on:

Guidance for meet directors including:

- Timed warm-up guidelines
- Competition time guidelines
- Determining responsibility for additional equipment

10. State Meet Host Selection

Motion:

- Titans to host **2026 Compulsory State Meet at 17 Springs Fieldhouse in Millbrook**
- JamJev to host **2027 Optional/Xcel State Meet at BJCC in Birmingham**

Made by: Christie Leigh McHugh

Second: Tiffanie Reed

Outcome: Approved

11. 2026 Alabama Regional Allotment Numbers

Level / Division # to Regionals

Level 6	35
Level 7	25
Level 8	29
Xcel Gold	40
Xcel Platinum	28
Xcel Diamond	8
Xcel Sapphire	4

12. Individual Event Specialist (IES) Qualification

Discussion on lowering the IES qualifying score to **State Meet**

Motion: Lower IES qualifying score from **9.0** to **8.5** for Level 9/10

Made by: Meg Henry

Second: Sarah Smith

Outcome: Approved

13. 2026 State Administrative Committee Chair Election Timeline

- **Nominations:** March 1 – April 1, 2026
 - **Election:** May 1 – May 15, 2026
 - **Under the supervision of Michelle Pomerantz, Region 8 Chair**
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14. Apparel Updates

- GK required by USA Gymnastics for all Regional apparel
 - Team and All-Star apparel packages unchanged.
 - State online apparel store opens **February 1, 2026** with full design and color options.
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15. Optional Training Camp 2026

- Tentative dates: **Friday, July 24** or **Friday, July 31 tentatively at University of Alabama**
 - More details forthcoming as plans are finalized.
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16. Judges/Coaches Workshop

- Extended discussion; dates and structure to be determined.
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17. Level 9 National Qualifier Entry Fees

Region 8 will no longer cover the \$150 entry fee for Level 9 Easterns.

Motion: Alabama State Committee will cover the Level 9 National Qualifier entry fee for all Alabama qualifiers

Made by: Jessica Sedgwick

Second: Helen Nabors

Outcome: Approved

18. High School Gymnastics Initiative

- Karen Roach and Dawn Ford (Bay City) & Paul Diaz (Crossfire) working with State Committee, Legislature, and Alabama High School Athletic Association reintroduce high school gymnastics.
 - Challenges include:
 - Equipment costs
 - Partnerships with clubs and certified USAG coaches
 - School-based leadership
 - Fall/Spring/Hybrid Season
 - More updates expected in 2026 – if anyone is interested in being a part of this group let Mike know mike.alsacc@gmail.com .
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19. Important 2027 Dates

Event	Dates	Location
Xcelebration National Meet	TBD	TBD
All Optional State Meets	March 19–21, 2027	BJCC, Birmingham
Level 9/10 Regionals	April 9–10, 2027	Bradenton, FL
Level 6/7/8 Regionals	April 23–25, 2027	Foley, AL
Xcel Regionals	April 30–May 2, 2027	Atlanta, GA

Adjournment

Motion: Adjourn meeting at 12:34 PM

Made by: Meg Henry

Second: Helen Nabors

Outcome: Approved

**Respectfully submitted,
Meg Henry**