

Alabama USA Gymnastics

2025 Fall Meet Information Book



Meet Information submitted by
meet hosts and links to meet
information as of 6/15/25

AL NAWGJ COMPULSORY JUDGES CUP

AUGUST 22-24, 2025

Registration Deadline

Meet Entry - August 2
Changes - August 8

Location

**Auburn Lake Wilmore Park
Recreation Center**

2000 Grove Hill Road
Auburn, AL 36830

Door Fees

\$10 - Adults
\$5 - Kids 3+
Free- Kids under 3

Gym gift! Gymnast gift!

Entry Fees

\$100 - EVALUATION (LEVEL 1-5)
\$100 - COMPETITION (LEVEL 1-5)
\$50 - TEAM

Please use the [USAG Meet Reservation System](#)

Meet Director

Stephanie Kuhlmann
kuhlsteph21@gmail.com

***Please submit team
entries, evaluation entries,
and specific requests to
Stephanie**

Equipment - AAI
Scoring - Pro Score

Awards

- Event medals - 50% + 1
- AA medal for all
- Team awards after each session

PAYMENT

- **Check** - Payable to "AL NAWGJ"
sent to Stephanie Kuhlmann (104
Raphael Semmes W. Spanish Fort,
AL 36527)
- **Venmo** - @kuhl-stephanie
- **PayPal** - kuhlsteph21@gmail.com

Proceeds used for judges education and development

See QR code or
click [here](#) for
hotel specials
and attractions





2025 Bounders Beach Bash

School has started and prices are lower at the beach. Before it gets cold and your busy school schedule ramps up, come and join us one last time at the beach. Join us in Foley and enjoy Tropic Falls at OWA - Tropic Falls currently has 22 theme park rides along with the Tropic Falls indoor waterpark. Downtown OWA has fabulous stores and restaurants and entertainment options. Both Tropic Falls and Downtown OWA are adjacent to the Foley Event Center, our meet site. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

Meet Dates: September 5-7, 2025

Meet Entry Fees

Levels 1-10, Xcel: \$110 Team: \$50

Deadlines:

Entries by August 8, 2025

Scratches by August 15, 2025

If there is an injury, email or bring a doctor's note for a possible refund.

Meet Site

Foley Event Center
1001 East Pride Boulevard
Foley, AL, 36535

Admission

Single Day
Adults: \$10 / Kids 6 and up: \$5
Kids 5 and under: Free

Lodging

[Click here for lodging and Foley Info](#)

Meet Contacts

BoundersBeachBash@TheBamaBounders.com

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger
and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:



2025

Diamond Invitational

“Under the Sea”



When: September 12-14, 2025 (Friday will be used only if number of entries dictates additional session)

Deadline: August 29, 2025 **Scratch:** September 5, 2025

Competition Levels: Girls 1-10 & Xcel

Fees: Levels 1-2 \$95 Levels 3-10 & Xcel \$105 Team Fees \$50

Admission: \$10 per person 5 years of age and older

Where: Southern States Gymnastics

4546 Research Park BLVD, Huntsville, AL 35806

256.837.7395

Debbie@southernstatesgymnastics.com

Trainer: Yes

Meet Director: Deborah Santos

Awards: Individual and team awards will be given after each session. Places will exceed USAG standards. Medals for individual awards and banners for team awards.

Format: Modified Traditional



HOSTED BY TITANS GYMNASTICS SEPTEMBER 19-21, 2025

ENTRY DEADLINE
AUGUST 9, 2025

Hosted at the
new
**17 SPRINGS
FIELDHOUSE**



- HIGH QUALITY VENUE
- GYMNAST GIFT TAILORED TO YOUR TEAM
- GRAND CHAMPION AND TEAM AWARDS GIVEN
- FULL TIME COACHES HOSPITALITY ROOM
- FIRST PLACE TEAM CASH PRIZES FOR WINNING COACHES

**ENTRY FEE \$110
TEAM FEE \$50**

ALL INFORMATION AT
[TITANSGYMNASTICS.COM/CLASHOFTHETITANS](https://titansgymnastics.com/clashofthetitans)

REACH FOR THE STARZ

SEPT 27-28, 2025

Venue: Oak Mountain High School

Cost: \$110 per gymnast, \$50 team

Open to all Compulsory, Xcel,
Optional and HUGs Levels

Please send in GK leotard sizes when registering

Checks payable to Alabama
Starz and mail to 500
Caldwell Trce, Birmingham,
AL 35242

www.alstarzgymnastics.com



CENTRE STAGE INVITATIONAL

OCTOBER

3RD-5TH

2025

**The Venue at Coosa Landings
201 George Wallace Drive
Gadsden, AL 35903**

\$110

**Compulsory
Levels 1-5**

\$55

**Team
Fee**

Leotard Included!

Entry Deadline : August 25th, 2025

Scratch Deadline : September 2nd, 2025

Make Checks Payable to Zees Gymnastics

Register in Meet Reservations

256-442-4200

tiffaniered@zeesgymnastics.com



OCTOBER 10-12, 2025

HOSTED BY JAMJEV

Levels: 1-5 and Xcels

\$110

Gymnasts

\$50

Team

COACHES
GIFTS

TEAM
AWARDS

SESSION
CHAMPIONSHIP
AWARD

GYMNASTS
GIFTS



HOOVER HIGH SCHOOL

1000 BUCCANEER DR, HOOVER, AL

Registration Closes: September 5th

Scratch Deadline: September 19th

MAKE CHECKS PAYABLE TO:
JJG GPO
3438 PARKWOOD RD
BESSEMER, AL 35022

EMAIL:
FLIPPINGONTHEGRIDIRON@GMAIL.COM

PLANET BEACH MEET 2025

Planet Gymnastics

900 Schillinger Rd S | Mobile AL 36695

October 11 - 12

Entry deadline: Sept. 12, 2025

Scratch deadline: Sept. 19, 2025

Entry fees: \$100 for lvl 1-3/Bronze/Silver

\$110 for lvl 4/5/Gold/Platinum

\$50 per team (3 athlete minimum)

Mail to: Planet Gymnastics | 900 Schillinger Rd S Ste A | Mobile, AL 36695

Awards:

100% all-around medals | 100% event medal/ribbon
Trophies for top 3 all-around | 100% team awards

Admissions:

Ages 6 and up: \$10
Ages 5 and under: free

Technicals:

Format is modified traditional - nat'l Xcel rules
All equipment is AAI, Electronic scoring with ProScore
1-judge panels for lvl 1-3/bronze/silver
2-judge panels for all higher levels
Age determination by date of birth as per USAG policy

Host hotel: Hampton Inn & Suites, Providence Park

Schedules will be posted to the Planet website planetgym.org and Facebook page
after the entry deadline

More Information:

Meet director: Natasha Novikov

251.650.0699

planetgymnasticsal@gmail.com



October 17th-19th 2025

Hosted by Mountain Brook
Gymnastics

Birmingham, AL

Girls Just Wanna Have Fun!

Host: Mountain Brook Gymnastics Foundation & AGEF

Site: Mountain Brook Gymnastics Center

Mail Entries to:

Girls Just Wanna Have Fun!

P.O. Box 43267

Birmingham, AL 35243

Meet Director & Contact Info:

Helen Nabors

hbnabors@gmail.com (205) 969 - 4889

www.mountainbrookgymnastics.com

Awards: Exceed USAG guidelines... We will award Team Champions after each session

Prizes will also be given to the coaches who come dressed to impress in their best 80's
attire.

Entry Fees:

Levels 1 - 10 = \$100

Xcel-all levels= \$100

Team Entry = \$50 per Team Entered (The top 3 scores will constitute team awards.)

Teams will be kept together if at all possible.

Make checks payable to "A.G.E.F.", and please include each gymnast's t-shirt size on
your entry forms .

Admission Fees:

Adults \$10

Children \$5

Deadlines:

Entries: September 1st

Scratches/Refunds: September 8th

Area Hotels:

Hilton Garden Hilton Garden Inn SE/Liberty Park 205-503-5221



**Cullman
Gymnastics**

TRICK OR TREAT MEET

Join us for a meet full of fun,
costumes, and trick or treating!

Location: The new Omniplex in
Cullman, AL

OCTOBER 24TH –
26TH, 2025



★ Location:

The Omniplex Sports & Events Center
1634 Field of Miracles
Drive SW
Cullman, AL 35055



★ Entry:

Levels: 1-5, Xcel
Gymnast entry: \$ 110
Team entry: \$50
Registration deadline: Sept. 5th
Scratch deadline: Sept. 19th

★ Awards

100% All Around
50% plus 1 Events
Session Grand Champion
Trick or Treating at each
event

★ Registration:

Register on usagym.org
Checks payable to: CGCA
Send payments to PO Box 788
Cullman, AL 35056
T-shirt sizes will be collected
after registration

★ Admission:

Adults - \$10
Kids 5 and up - \$5
5 and under - free



Contact: Grace Gorham
cullmangymnasticsteam@gmail.com
256-739-5567

October 24-26, 2025
Levels 1-5, XCEL, & HUGS

LIMITBREAKER LOCKDOWN

MEET ENTRY

Gymnast Entry Fee: \$110

Team Fee: \$50, entry deadline 9/1/2025

Scratch Deadline: 9/20/2025

Leotard Meet Gift

MEET CONTACT

Miranda Sexton

limitbreakers2023@gmail.com

(334)-752-2805

SCORING & EQUIPMENT

Proscore

Two Judge Panel on ALL events

The Equipment Guy

ADMISSION

Single Day

Adults: \$10

Kids 6-12: \$5

Kids 5 & under: FREE

LOCATION:

Lake Wilmore Recreation Center

737 Ogletree Road Auburn, AL

36830

AWARDS

Individual Events - 50% + 1

All Around, Grand Champion, &

Team Awards - 100%

LB www.thelimitbreakers.net





2025 Bama Rama Invitational

Join us for one of the longest running competitions not only in Alabama but in Region 8. Come be a part of the 37th annual Bama Rama in Tuscaloosa at the Belk Activity Center. Enjoy Tuscaloosa in the fall and compete in our dual gym format at Bama Rama. The coach's hospitality is second to none. We will be awarding the Patterson Award for the highest team score again this year. So make plans to join us. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker.

Meet Dates: Oct. 31- Nov. 2, 2025

Meet Entry Fees

Levels 1-10, Xcel: \$110 Team: \$50

Deadlines:

Entries by October 3, 2025

Scratches by October 10, 2025

If there is an injury, email or bring a doctor's note for a possible refund.

Meet Site

Belk Activity Center
2101 Bowers Park Dr
Tuscaloosa, AL, 35405

Admission

Single Day
Adults: \$10 / Kids 6 and up: \$5
Kids 5 and under: Free

Weekend Pass

Adults: \$18 / Kids: \$8
Kids 5 and under: Free

Lodging

Hotel Indigo is our host hotel.

[Local AirBnB](#)

Meet Contacts

BamaRama@TheBamaBounders.com

Meet Director: Eric Kightlinger

Co-Meet Directors: Erin Kightlinger
and Mike Holdefer

Vendors:

[Busy Bodies](#)

[Taylor Made Jewelry](#)

Sponsor:

TUSCALOOSA
TOURISM & SPORTS



October 31-November 2, 2025

USAG Levels 1-5, Xcel Bronze, Silver, Gold, Platinum HUGS
Hosted by United Gymstars and Cheer of Dothan

We are excited to invite you to our 2025 Peanut Invitational! We are located in Southeast Alabama - the perfect spot for a great multi-state competition!

Our meet offers a fun and memorable atmosphere, unique meet gifts, amazing food for coaches and judges making this a meet to remember.

Location:

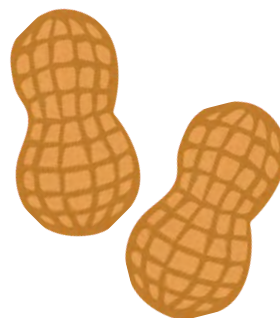
**United Gymstars and Cheer of Dothan
210 Graceland Drive
Dothan, Alabama 36305**

Website:

**www.unitedgymstarsandcheer.com
(information under Host Events)**

Meet Contact:

**Sabrina Stephens - 334-284-2244
marketing@unitedgymstarsandcheer.com**



Entry Fee:

**\$110 per gymnast (welcome gift included)
Team Fee: \$0.00 No Team Fee!!**

**Make Checks Payable and mailed to:
United Gymstars and Cheer
Attention: Sabrina Stephens
210 Graceland Drive
Dothan, Alabama 36305**

Awards:

**Events - 50%+I All Around - 100%
Grand Champion and Team Awards for each session.
All registered gymnasts will
receive a welcome gift.
Late entries are not guaranteed a gift.**

Deadline:

**October 1, 2025
A \$50 late fee will be assessed to each
team if registered after 10/1/25.
All entries must be completed on
USA Gymnastics website**

Admission:

**\$10 Adults
\$5 Children ages 5-12
Children under 5, free admission**



Check our website for any additional information. We are excited to welcome you to the Peanut Capital of the World during the National Peanut Festival! Make sure to check out www.nationalpeanutfestival.com for fun activities surrounding NPF 2025.

***For the safety of our gymnasts with peanut allergies, we will not have peanuts on site. However, there may be prepackaged products with traces of peanuts in the concession stand.**



IRON SHARPENS IRON

**NOVEMBER 14-
16TH, 2025**

\$110

Compulsory Levels 1-5, Xcel
Bronze & Silver, HUGS

\$120

Optionals 6-10, Xcel
Gold, Platinum, Diamond
& Sapphire



\$55 Team Fee

Leotard Included

**Hosted at the BJCC
in Birmingham**

**Entry Deadline:
Sept. 26th, 2025**

**Scratch Deadline:
Oct. 3rd, 2025**

**Make Checks
Payable to ARK
WinGS Gym**

**Register
in Meet
Reservations**

**Battle of the Gyms
Rotating Team
Trophy**



205-655-4333

www.arkgym.com/iron

ranikaduncan@arkgym.com



VETERANS DAY CLASSIC ***NOVEMBER 7-9, 2025***

**Please mark these dates on your calendar.
We would love for you to attend our annual meet!**

Legacy Gymnastics
260 Applegate Parkway, Pelham, Alabama 35124
(205) 406-5362 www.legacygymnastics.com

Veterans Day Classic: Nov. 7th -9th: Girls: Levels 1 – 5, Xcel All Levels, HUGS

Entry Fees: For meet registration use the [USAG](#) online meet entry system.

Levels 1-2: \$80

Levels 3-5 & Xcel: \$85

Team Fee: \$50

Entry Deadline: Oct. 1st, 2025

Please pay via Venmo to @Brianna-Mitchell-1 or make checks payable to "Legacy Gymnastics". Include each gymnast's T-shirt size with your check or send via email to foxybri24@aol.com.

Refund Deadline: Oct. 8th, 2025

Late Fee: \$25 per gymnast after the deadline

Admissions: \$10 Adults, \$8 Children



Mark Your Calendars!

Register at Meet Reservations on USAG site
Email entries to: aacoachmissy@gmail.com
Send BOTH Leo & T-shirt sizes for gymnasts' gifts with your entries
Checks Payable to: "Armory Athletics"
Mail to: 1018 Madison Ave., Montgomery, AL 36104

Meet Location: The Multiplex at Cramton Bowl, 220 Hall St., Montgomery, AL 36104

Women's Compulsory Blue Gray Invitational November 21-23, 2025

*Entry Fee: \$115
Team Entry: \$50
Entry: October 6, 2025
Scratch: October 13, 2025*

Xcel & Optional Winter Blue Gray February 6-8, 2026

*Entry Fee: \$125
Team Entry: \$50
Entry: December 15, 2025
Scratch: January 05, 2026*



2025 Alabama Compulsory State Championships

Celebrate our compulsory gymnasts' accomplishments at our State Championships at the Multiplex at Cramton Bowl. Join us in Montgomery and enjoy our state capital. The Riverfront area of Montgomery has fabulous stores and restaurants. For meet registration, use the USAG online meet reservations system, and please pay your entry fees through MeetMaker. All athletes must have paid their ALUSAG Registration Fee to be eligible.

Meet Dates: December 5 - 7, 2025

Meet Entry Fees

Levels 1-5 \$113 Team: \$50

Deadlines:

Entries by November 7, 2025

Scratches by November 14, 2025

Non-Qualified Scratches – Nov. 24, 2025
by 5 PM CST

For an injury, email a doctor's note for refund consideration.

Meet Site

The Multiplex at Cramton Bowl
220 Hall St
Montgomery, AL, 36104

Admission

Single Day
Adults: \$10 / Kids 6 and up: \$5
Kids 5 and under: Free

Weekend Pass

Adults: \$25
Kids 5 and under: Free

Lodging

No host hotel – several downtown hotels are close – Doubletree, Staybridge, Embassy, Hampton, and Renaissance

Meet Contacts

aacoachmissy@gmail.com
mike.alsacc@gmail.com

Meet Director: Missy Anderson

Co-Meet Director: Mike Holdefer

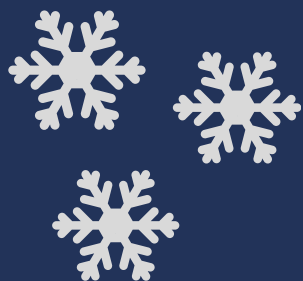
Vendors:

Busy Bodies

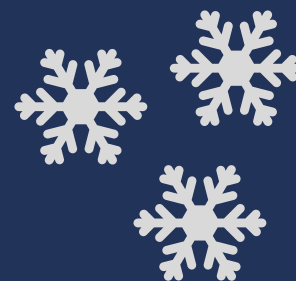
Taylor Made Jewelry

Sponsor:





AL NAWGJ OPTIONAL JUDGES CUP



DECEMBER 12 - 14, 2025

Registration Deadline

Meet Entry - November 10
Changes - November 19

Location

**Auburn Lake Wilmore Park
Recreation Center**

2000 Grove Hill Road
Auburn, AL 36830

Door Fees

\$10 - Adults
\$5 - Kids 3+
Free- Kids under 3

Gym gift! Gymnast gift!

Entry Fees

\$100 - EVALUATION (LEVEL 6-10, XCEL)
\$100 - COMPETITION (LEVELS 6-10, XCEL)
\$50 - TEAM

Please use the [USAG Meet Reservation System](#)

Meet Director

Stephanie Kuhlmann
kuhlsteph21@gmail.com

***Please submit team
entries, evaluation entries,
and specific requests to
Stephanie**

Equipment - AAI
Scoring - Pro Score

Awards

- Event medals - 50% + 1
- AA medal for all
- Team awards after each session

PAYMENT

- **Check** - Payable to "AL NAWGJ"
sent to Stephanie Kuhlmann (104
Raphael Semmes W. Spanish Fort,
AL 36527)
- **Venmo** - @kuhl-stephanie
- **PayPal** - kuhlsteph21@gmail.com

Proceeds used to fund the Alabama National Judges Cup Team

- **Qualifier for the 2026 National
Judges Cup in Anaheim CA**
January 2-4, 2026
- **Alabama team announced**
following the last level 7 session

